

## Medications After a DCR (dacryocystorhinostomy)

You will be consented for a probe and irrigation, balloon, and dacryocystorhinostomy. Dr. Lane won't know exactly which procedure is needed until she can probe the duct in the operating room. The probe and irrigation is considered diagnostic and the results will dictate the choice of balloon vs DCR.

### Probe and Irrigation / Balloon Dacryoplasty

Mild swelling and tenderness may occur.

A foreign body sensation is normal in the corner of the operated eye.

Tearing can be normal for 3-4 weeks after surgery.

Please call the office to reschedule your one week post-operative visit to 6-8 weeks.

### External DCR

There will be skin colored sutures which will dissolve within 5-7 days.

An ache and tenderness over the sutures is normal.

Use a bag of peas or corn to ice your incisions 20 minutes on 20 minutes off for the first 24 hours after surgery.

Do not swim for two weeks after surgery.

Avoid blowing your nose for several days, as this may dislodge a clot.

Incisions that are exposed to sun can scar and become red.

You may shower the day after your surgery. Try not to rub or pull at the incisions, and pat dry.

You may notice some slight oozing or blood from the incision, or bloody tears. A small amount of this is normal.

The side of your nose may become swollen.

Fluid may collect on the lower lid area. This will go away on its own within a couple days.

Tearing can be normal for 3-4 weeks after surgery.

Some bleeding may occur for the first 24-48 hours but it should not be gushing blood.

A minor nosebleed is normal.

Use the prescription nasal spray **twice a day** on the operated side.

Use the prescription ointment **four times a day** to the incisions.

Use the NeilMed Sinus Rinse **four times a day** for one week, and then decrease to **twice a day**.

Dr. Lane will see you for your post-operative visit the following week, and 4-6 weeks after for stent removal.

Once the sutures have resolved, you can apply BioCorneum to the scar (available for purchase at our front desk).



**Gregory McCormick, MD** • Cataract, Cornea & Refractive Surgery  
**Katherine Lane, MD** • Cosmetic, Oculofacial Plastic & Reconstructive Surgery  
**David Shiple, MD** • Cataract, Cornea & Comprehensive Ophthalmology



### Endoscopic DCR

Use a bag of peas or corn to ice the operated eye 20 minutes on 20 minutes off for the first 24 hours after surgery.

Avoid blowing your nose for several days, as this may dislodge a clot.

You may shower the day after your surgery.

The side of your nose may become swollen.

Fluid may collect on the lower lid area. This will go away on its own within a couple days.

Tearing can be normal for 3-4 weeks after surgery.

Some bleeding may occur for the first 24-48 hours but it should not be gushing blood.

A minor nosebleed is normal.

Use the prescription nasal spray **twice a day** on the operated side.

Use the prescription drops **four times a day** into the operated eye.

Use the NeilMed Sinus Rinse **four times a day** for one week, and then decrease to **twice a day**.

Dr. Lane will see you for your post-operative visit the following week, and 4-6 weeks after for stent removal.

### **STENTS**

The stent will be left in for approximately 6-8 weeks after surgery.

The stent will be on the inside corner of your eye; try not to pull on it.

Stents are removed in the office. In children, it is possible they may have to return to the operating room for removal.

If you have discomfort from the stent, use over-the-counter artificial tear drops (Refresh®, Genteal®, Systane®).

If the stent dislodges, do not pull or cut it. Tape the stent to the bridge of your nose and contact Dr. Lane for re-insertion.